

## Child Care Resources/After School Programs:

Adams County Substance Abuse Coalition	(217) 222-8440
Adams County Teen REACH	(217) 740-6643
Becoming A Mom Classes	(217) 222-8440
Catholic Youth Organization	quincycyo@gmail.com
Caywood's Youth Center	(217) 223-8485
Cheerful Home Daycare	(217) 228-0654
Kiddie Korner	(217) 223-0084
Make A Wish Foundation	1 (800) 978-9474
MOPS (Mothers of Preschoolers)	(217) 222-5085
Parsons Kids Center	(217) 224-2315
Salvation Army Kroc Center	(217) 222-5762
Tri-state Educators Association of Christian Homeschools (TEACH)	(217) 316-0172
West Central Child Care Connection	(217) 222-2550
YMCA	(217) 222-9622

## Parent Support/Education:

Adams County	
All Our Kids Network	(217) 222-8440 ext. 107
Becoming A Mom Classes	(217) 222-8440
Big Brothers/Big Sisters	(217) 223-5452
Breast Feeding Support Group	(217) 223-8400 ext. 5901
Chaddock (foster parent)	(217) 222-0034
Consumer Product Safety Commission CPSC-Recalls	CPSC.gov
Cornerstone: Foundation for Families	(217) 222-8254
DCFS Licensing & Recruitment (foster parent/family & daycare)	(217) 221-2525
Hobby Horse House	(217) 243-7708
Lutheran Child and Family Services	(217) 544-4631
Make A Wish Foundation	(800) 918-9474
Moms Uplifting Moms (MUMS)	
Madison Park Church	(217) 222-2529
MOPS (Moms of Preschoolers)	

Luther Memorial Church	(217) 222-5085
Parent Help Line	(888) 727-5889
Quincy Catholic Charities	(217) 222-0958
Ready Set Grow	readyssetgrowwci.org
Safe Kids Adams County	(217) 222-8440
Safe Kids Worldwide (Safety/Injury Prevention)	safekids.org
Text4baby: Pregnant & New Moms (app)	text4baby.org
Ultimate Car Seat Guide	ultimatecarseatguide.org
University of Illinois Extension/4-H	(217) 223-8380
VROOM (app)	vroom.org
Young Life/Mentoring Moms	(217) 223-5470

## Adult Education/Job Training:

GED Program	(217) 641-4951
Gem City College	(217) 222-0391
Illinois Employment and Training Center	(217) 222-1560
Illinois Office of Rehabilitation Services	(217) 223-0550
John Wood Community College	(217) 224-6500
Manpower Temporary Services	(217) 224-0018
Quincy Area Safety Council	(217) 224-0149
Quincy University	(217) 222-8020
Regional Superintendent of Schools	(217) 277-2080
Transitions of Western Illinois/CRC	(217) 224-2194
University of Illinois Extension	(217) 223-8380
Workforce Investment Program	(217) 222-1560 ext. 230

## Recreation:

5210 Friday Night Play Nights (Adams County Health Dept.)	(217) 222-8440
Boy Scouts of America	(217) 224-0204
Casino Lanes	(217) 222-1512
Catholic Youth Organization	quincycyo@gmail.com
Friday Night Play Night 3rd Friday Monthly, Jan-Nov	5210GetUpandMoveAdamsCounty

Legacy Martial Arts	(217) 221-0700
Indoor Playground	(217) 223-7703
Girl Scouts of Central Illinois	(217) 222-1030
Going Bonkers	(217) 223-6331
Great River Martial Arts	(217) 257-9000
Illinois Veteran's Home - War Museums & Deer Park	(217) 222-8641
Indian Mounds Pool	(217) 228-9219
K & L Arena	(217) 228-0960
Knights of Columbus Driving Range	(217) 222-1000
Kroc Center	(217) 222-5762
Jackson Lincoln Swimming Complex	(217) 228-1705
Network Knowledge WQEC TV	Channel 27
Quincy Art Center	(217) 223-5900
Quincy Bike Rental	(217) 214-3700
Quincy Convention and Visitors Bureau	(217) 214-3700
Quincy Gems Baseball	(217) 223-1000
Quincy Gymnastics Center	(217) 224-8491
Quincy Mall	(217) 223-8713
Quincy Museum	(217) 224-7669
Quincy Park District/Indoor Playground	(217) 223-7703
Quincy Public Library	(217) 223-1309
Quincy Raceways	(217) 224-3843
Special Olympics	(217) 322-7451
Scotties Fun Spot	(217) 222-3868
Siloam Springs State Park	(217) 894-6205
Tangerine Bowl	(217) 222-8270
University of Illinois Extension/4-H	(217) 223-8380
Upper Moorman Park (Batting Cages, Miniature Golf, Paddle Boats)	(217) 228-1261
Villa Kathrine	(217) 224-3688
Westview Golf Course	(217) 223-7499
World Aero Space Museum	(217) 885-3800
YMCA	(217) 222-9622

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The AOK Network is a special project of the Adams County Health Department.

Adams County All Our Kids Network Coordinator  
Adams County Health Department  
217-222-8440 ext. 107  
email: [allourkids@co.adams.il.us](mailto:allourkids@co.adams.il.us)  
AOK website: [www.co.adams.il.us/aok](http://www.co.adams.il.us/aok)



# Family Resource Guide

All Our Kids (AOK) Early Childhood Networks  
When **Communities** build what they dream  
Then **Families** get what they need  
And **Children** thrive



The AOK Network is a county-based partnership committed to ensuring that children 0-5 and their families have an opportunity to receive the services they need.

**Immediate Emergency Help  
911**

**General Information & Referral to Community Services:**

**IAOK-Adams County All Our Kids**  
Network Coordinator..... (217) 222-8440 ext. 107  
United Way Helpline ..... (217) 224-1223  
General Assistance..... (217)223-4970

**Crisis Hotlines:**

AIDS-HIV-STD Hotline ..... (800) 243-2437  
American Red Cross ..... (217) 222-2477  
Consumer Product Safety Commission (Recalls) ..... CPSC.gov  
Illinois Hunger Hotline ..... (800) 359-2163  
Illinois Tobacco QUITLINE.....1(866) 784-8937  
National Center for Exploited  
or Missing Children ..... (800) 843-5678  
National Runaway Hotline ..... (800) 786-2929  
National Suicide Hotline..... (800) 273-8255  
Poison Control ..... (800) 222-1222  
Quanada Domestic Violence/  
Sexual Assault Hotline ..... (800) 369-2287  
Transitions of Western Illinois Mental Health  
Crisis Line ..... (217) 222-1166 or (800) 779-4357

**Non-Emergency Numbers:**

Adams County Sheriff's Department ..... (217) 277-2200  
Adams County Animals Shelter.....(217) 222-2133  
Child Support Enforcement ..... (800) 447-4278  
Consumer Product Safety Commission  
CPSC-Recalls..... CPSC.gov  
Crime Stoppers ..... (217) 228-4474  
Diamond Cab Co ..... (217) 222-6700  
Humane Society ..... (217) 223-9471  
Illinois Department of

Employment Services ..... (217) 222-1560  
Land of Lincoln Legal Assistance ..... (618) 394-7300  
Quincy Police Department ..... (217) 228-4470  
Quincy Senior & Family Center ..... (217) 592-3746  
Quincy Transit Line ..... (217) 228-4550  
Social Security  
Administration ..... (217) 224-8902 or (800) 772-1213  
U.S. Postal Service Information ..... (800) 275-8777  
United Way Helpline ..... (217) 224-1223  
West Central Illinois Area  
Agency on Aging ..... (217) 223- 7904

**Abuse/Family Violence:**

Advocacy Network for Children ..... (217) 223-2272  
Child Abuse Hotline ..... (800) 252-2873  
Department of Children &  
Family Services ..... (217) 221-2525  
Elder Abuse Hotline ..... (800) 252-8966  
Prevent Child Abuse Illinois ..... (217) 522-1129  
Quanada Domestic Violence  
Program ..... (217) 222-0069 or (800) 369-2287  
Quanada Sexual Assault  
Program ..... (217) 223-2030 or (800) 369-2287  
Victim and Witness Program ..... (217) 277-2229  
Violence Intervention Services-  
Preferred Family Healthcare ..... (217) 222-3711  
The Men's Group ..... (217) 228-0126

**Assessments/Screenings: Developmental**

Ages and Stages Developmental  
Screenings (ASQ and ASQ-SE) ..... (217) 222-8440  
Chaddock ..... (217) 222-0034  
Child and Family Connections (0-3 Screenings) ..... (217) 222-9592  
Clarity Healthcare (Behavioral) ..... (217) 222-6277  
Cornerstone: Foundation for Families ..... (217) 222-8254

Early Childhood and  
Family Center (Pre School) ..... (217) 228-7121  
Quincy Medical Group..... (217) 222-6550  
Parents as Teachers (0-3 Program) ..... (217) 223-0413

**Counseling/Support Groups:**

Blessing Hospital ..... (217) 223-1200  
Addicts Victorious, Inc. .... (217) 223-1388  
Chaddock ..... (217) 222-0034  
Cornerstone: Foundations for Families ..... (217) 222-8254  
Family Solutions ..... (217) 223-7492  
Lutheran Child and Family Services ..... (217) 222-0106  
Madison Park Christian Church ..... (217) 222-2529  
New Start Rescue Mission ..... (217) 223-2100  
Preferred Family Healthcare ..... (217) 222-3711  
Quincy Catholic Charities ..... (217) 222-0958  
Quincy Medical Group..... (217) 222-6550  
SIU Center for Family Medicine..... (217) 224-9484  
SHARE Support Group  
for Grieving Parents ..... (217) 223-1200 ext. 6825  
Transitions of Western Illinois ..... (217) 223-0413

**Food/Clothing Assistance:**

Adams County Health Department- WIC ..... (217) 222-8440  
Camp Point Community for  
Christ Assistance Program..... (217) 593-7052  
Crossing 929 ..... (217) 214-0929  
General Assistance of Adams County ..... (217) 223-4970  
Horizons..... (217) 224-5530  
Illinois Department of Human Services/  
Public Aid DHS..... (217) 223-0550  
Ladies of Charity ..... (217) 222-3541  
Lutheran Church of St. John ..... (217) 222-8579  
Madison Park Christian Church ..... (217) 222-2529  
Meals for the Needy Salem Church ..... (217) 222-0601

Quanada ..... (217) 222-0069  
Quincy Catholic Charities ..... (217) 222-0958  
Salvation Army Family Services ..... (217) 222-2087  
Two Rivers Regional Council  
of Public Officials ..... (217) 224-8171  
United Way Helpline..... (217) 224-1223

**Housing/Shelters:**

Habitat for Humanity ..... (217) 223-4224  
Homeless Youth Program ..... (217) 223-0413  
Housing Authority of Adams County ..... (217) 894-7022  
Quanada Domestic Violence Shelter ..... (217) 222-0069  
Quincy Housing Authority ..... (217) 222-0720  
Salvation Army Family Services ..... (217) 222-2087  
Two Rivers Regional Council of  
Public Officials ..... (217) 224- 8171  
United Way Helpline..... (217) 224-1223  
Well House for Women  
in Transition/Shelter ..... (217) 617-2312  
YWCA ..... (217) 221-9922

**Medical/Dental Services:**

Adams County Health Department-  
SIU Center for Family Medicine-  
Quincy Adams County Dental Clinic ..... (217) 222-8440  
Immunizations ..... (217) 222-8440  
Blessing Fast Care at Shopko ..... (217) 592-3278  
Blessing Hospital ..... (217) 223-1200  
Blessing Physician Services ..... (217) 224-6423  
Blessing Care Coordination ..... (217) 277-5560  
Clarity Healthcare..... (217) 222-6277  
Community Outreach Medical  
Clinic (adults) ..... (217) 223-8400 ext. 4257  
Quincy Catholic Charities MedAssist Program..... (217) 222-0958  
Quincy Medical Group ..... (217) 222-6550

SIU Center for Family Medicine Quincy  
Care Coordination ..... (217) 224-9484  
SIU Healthcare/Quincy  
Family Medicine ..... (217) 224-9484  
Wellness Express..... (217) 222-5020 ext. 211

**Family Planning/Pregnancy Services:**

Adoption Information ..... (800) 572-2390  
Birthright of Quincy.....(217) 224-1277 or (800) 550-4900  
Care Net Pregnancy Services ..... (217) 223-8200  
Family Planning Clinic ..... (217) 224-6877  
First Steps-Cornerstone ..... (217) 222-8254

**Child Development/Public Schools:**

Central Pre-K Program ..... (217) 593-7795  
Child and Family Connections  
(0-3 EI Screenings) ..... (217) 222-9592 or (888) 222-9592  
Division of Specialized Care  
for Children ..... (217) 524-2000  
First Steps: Cornerstone ..... (217) 222-8254  
Liberty Pre-K Program ..... (217) 645-3263  
Parent and Child Together (PACT)..... (217) 593-6777  
for West Central Illinois ..... (217) 773-3903  
Parents as Teachers-  
Transitions (0-3 Program) ..... (217) 223-0413  
Payson Pre-K Program ..... (217) 656-3439  
Preschool Screenings ..... (217) 228-7121  
Quincy Early Childhood-PreK/Head Start ..... (217) 228-7121  
Quincy Public Schools  
Special Education District ..... (217) 223-8700  
Regional Office of Education ..... (217) 277-2080  
Unity Preschool Screening..... (217) 936-2111