



Talking Tazewell

AOK Connection

US Census 2020

Shaping Your Future

Did you know the results of the 2020 Census will help determine how hundreds of billions of dollars in federal funding flow into communities every year for the next 10 years? That funding shapes many different aspects of every community, no matter the size, no matter the location. Census results help determine how money is distributed to local early childhood programs, like Head Start and for grants that support teachers and special education. Other programs include rural education, school lunches, housing assistance for older adults, WIC (Women Infants and Children), CHIP (Children's Health Insurance Programs), SNAP (Supplemental Nutrition Assistance Program), Medicaid, Family Violence Prevention, LIHEAP (Low Income Home Energy Assistance Program), Section 8 housing, and many more.

Ways to Respond

By April 1, 2020, every home will receive an invitation to participate in the Census. You will have 3 options for responding:

- * Online
- * By phone
- * By mail

Who Do I Count for the US Census 2020?

If you are filling out the census for your home, you should count everyone who is living there as of April 1, 2020. This includes:

- * Friends or family members who are living and sleeping there most of the time.
- * Count roommates, young children, newborns, and anyone who is renting a space in your home.

For more information, go to www.2020census.gov.



Counting Young Children

All children who live in your home, including foster children, grandchildren, nieces, nephews, and any other children who live with you.

Children who split their time between homes, if they are living with you on April 1, 2020.

Newborn babies, even those born on April 1, 2020, or who are still in the hospital on this date.

Babies born after April 1, 2020, should not be counted in the 2020 Census.

People Experiencing Homelessness

Everyone counts! The Census Bureau will count people who are experiencing homelessness across the county, with a check in place to ensure that people are not counted more than once. Through outreach and coordination with local census offices, partners, shelter directors, service providers and others all people will be counted.



**Heartland Tazwood Site
Family Medicine**

3248 Van De Ver Ave, Suite: B
Pekin, IL 61554

Accepting all patients

Monday thru Friday
8:00AM to 4:30PM

**Heartland Pekin Site
OGBYN only**

19 Olt Ave.
Pekin, IL 61550

Monday thru Friday
8:00 am – 4:30pm

**Outreach and Enrollment
Hotline Phone: 309-680-7632**

Need assistance with Health coverage needs? Contact Outreach and Enrollment Certified Application Counselors or HHS Navigators. To learn more about eligibility and additional resources schedule an appointment.

Breastfeeding Peer Support



The World Health Organization states that breastfeeding is one of the most effective ways to ensure child health and survival. Additional research has found that support for breast-feeding moms increases the length of time that babies breast feed and leads to greater success of breast-feeding exclusively.

The Tazewell County Health Department WIC program has a full time Breastfeeding Peer Counselor as well as nurses and dieticians who are available to promote an understanding of breastfeeding and provide support, encouragement and education to make breastfeeding a success for moms and their infants across the county.

For more information contact, (309) 929-0230 or go to <https://www.tazewellhealth.org/158/Breastfeeding-Peer-Counselors>

**YOUTH
MENTAL
HEALTH
FIRST AID**



Sometimes, first aid isn't a bandage, CPR, or calling 911. Sometimes, first aid is YOU.

March 26, 2020
8:00 am - 5:00 pm
Tazewell County Health Department
21306 IL Rt 9
Tremont, IL 61568

\$25 fee per participant includes training, lunch, manual, and light snacks
Register online: <https://www.tazewellhealth.org/319/Mental-Health-First-Aid>
Questions? Contact 309-929-0338 or econnett@tchd.net

You are more likely to encounter someone in an emotional or mental crisis than someone having a heart attack. The Mental Health First Aid class teaches a 5-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate care. Mental Health First Aid is for anyone - parents, neighbors, students, first responders, teachers, leaders of faith communities, human resources professionals, and caring citizens. Be part of the solution! 12/2019



All Children Deserve a Great Childhood!



Wear blue on April 3rd to raise awareness and encourage others to support child abuse prevention. Help celebrate healthy, happy childhoods and raise awareness that all children deserve to grow up in nurturing, safe homes.